

# UNIVERSITY CATALOG 2022



Master  
Richard Van Donk

Taking you from Beginner to Master

# BUSHINDO



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### Dear Friends and Fellow Martial Artists,

Thank you for your continued interest and support! We at **Bushindo University** home of **IBDA**-(International Bujinkan Dojo Association), **IDEA**- (International DeCuerdas Eskrima Association) and **Live Empowered Optimal Life Academy** are dedicated to helping you and others around the world more easily obtain quality Life Changing studies, including martial arts like Bujinkan Ninjutsu/Budo Taijutsu, DeCuerdas Eskrima, Bushindo Sword, Living Empowered and Enlightened Warrior Teachings.

Our IBDA lineage is direct with Soke Masaaki Hatsumi in Japan. We created a mission with him to bring the arts to the world. Through Doshi's concentrated efforts with Soke he is the one that brought to the world Hatsumi's videos with *Quest Co. Ltd.* We were first on only DVD distributor for over 10 years. We then secured English subtitles on Soke's videos for you so that you can better understand what he is teaching. We also bought you his Japanese books in English (both in and out of print) by hiring translators and also securing distributors for his Japanese book titles.

In 1991, with Soke's help and permission we established a systematized structured step-by-step learning and ranking system from beginner to 10th dan. Our desire is to offer you the most comprehensive learning programs possible. We also believe that you should learn something for your grades and know why you have achieved a level. The teachings of the Do "Way" are very important to us. We have created our courses with the thought of you someday becoming a Shidoshi - A teacher of these warrior ways of Enlightenment.

Richard will tell you that being a pioneer has not been easy. When he started in 1982 gathering, exchanging, and offering information on the nine traditions of Bujinkan Ninjutsu he never imagined that he'd make well over 50 pilgrimages to Japan and around the world to personally train with Soke Hatsumi. Our Black Belt Home Study Course released in 1991 was well received all over the world. We are constantly updating our websites with new information and products. All of our teachings are now in an Online university. [www.BushindoUniversity.com](http://www.BushindoUniversity.com) Visit [www.Ninjutsu.com](http://www.Ninjutsu.com) often and keep your heart happy. Enjoy Your Studies,

**Daoshi Linda Van Donk, Judan -5<sup>th</sup> level**

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Soke  
Hatsumi**

Kuden Dojo Trainings  
9 Ryu (Schools)



## **No one offers you more Ninjutsu Opportunities!**

Bushindo is dedicated to providing you an opportunity to change your life for the better by offering you a wealth of information and powerful trainings. We've done our very best to become the definitive Source for Ninjutsu training information anywhere in the world and we are always open to your comments and suggestions on how to serve you better. We are in constant development of new courses. [www.Ninjutsu.com](http://www.Ninjutsu.com)





# IN THIS CATALOG

## Want to know where to start?

We have done our best to offer training programs for every level of martial artist. With so much information available many of our readers often wonder where to start in their training. A good place to start is where you are in your training now or with what originally grabbed your interest in the first place (such as Wow! They have Hanbo stuff. So you get Master Richard Van Donk's Hanbo DVD first). Or if learning Ninjutsu as an art is your passion and you are a beginner then consider enrolling in the Black Belt Home Study Course which was designed to give you a foundation and deep understanding of the Ninjutsu system in a step by step format. This is the best place to start, especially if you do not have an instructor in your area or if you have to travel long distances to train. According to success testimonials from both students and instructors alike our Black Belt Home Study Course is guaranteed to help you progress faster, even if you are currently training in a dojo. Our worldwide success is unprecedented. In the Masters section you will find something interesting no matter what your tastes are.

To see how Ninjutsu can work in a realistic situation get the Combat Ninjutsu tape. To learn about the history and philosophy of the art get the "History of the Schools of the Bujinkan." If you are experienced in Bujinkan Ninjutsu we highly recommend Shihan Richard Van Donk's In-Depth Courses in the following order: First is Gyokko Ryu Kosshijutsu Nidan Course, then the Shidoshi Teachers Training to teach you how to share the arts to others. Then the Budo Taijutsu Course to better help you master your taijutsu. Then get Shinden Fudo Ryu Course. And be sure to check out the Tai Kai dvd's which have a lot of bang for the buck!

The Living the Spiritual Path course has greatly inspired the lives of so many. 25 years of research went into the Sourcing Enlightenment Audio Cd's.

And remember that for training you will need to wear a black uniform with a white belt until you pass your first level grade of 9th kyu and then you can wear a yellow belt. Keep going until you reach your BlackBelt. IBDA has studies all the way to 10th Dan. Others have done it and you can do it too but most of all get started and enjoy the life changing journey!

## Bushindo University™

Established in 1994 to expand our educational studies of martial arts and to be a pioneer of the best body, mind, spirit teachings available and to bring back the temple arts into the daily lives of our students.

## Bujinkan Ninjutsu Source

We represent the teachings of Takamatsu-Sensei and Hatsumi-Sensei in every way we can. Hatsumi is the source and life spring of the Bujinkan system. Only Bushindo Inc. offers Comprehensive Courses, DVDs, Books, translations, Home study materials, Training gear, Rank certification and direct lineage with Hatsumi-Sensei all in one place. This is why we call our training the Source.

## International Bujinkan Dojo Association™ American Bujinkan Dojo™

The ABD™ was founded in 1985 and IBDA™ was founded in 2000 by DaiShihan Richard J. Van Donk, a personal student of Grandmaster Masaaki Hatsumi, who has given us full authority to promote the Bujinkan Ninjutsu / Budo Taijutsu Tradition in America and throughout the world. Doshi Richard Van Donk, a 15th degree BlackBelt [menkyo the highest Ninjutsu rank possible] and has been given the prestigious Golden Dragon Award from Soke Hatsumi for his efforts in promoting Ninjutsu around the world.

**Keep persevering and  
Enjoy Your Training!**



**If you still need help call us at 707-987-9322  
And we can help you decide.**



# BUSHINDO UNIVERSITY

## Doshi Rich Van Donk reveals his vision and story behind Bushindo



The Bushindo™ System was founded in order to integrate my martial arts knowledge, and my experiences of spiritual awakenings, and brain-mind research, as well as to separate these teachings from those of the Bujinkan Ninjutsu System as taught by Soke Hatsumi in which

I have invested over three decades of study. In the past few years Soke Hatsumi has merged his arts into a kobudo (ancient warrior) fighting system now called Budo Taijutsu. Although I have trained extensively in these fighting arts, both with him and with many other Grandmasters, my heart and the passion that drives my life is the integration of the philosophical and spiritual sides of the sacred temple arts. I am very interested in seeing how far a group of individuals can evolve ourselves as human beings. The studies of brain-mind research, yoga, kundalini research, sound and light activation of consciousness, meditation practices, body healing methods and alternative medicine are foremost in my personal dedication now. Therefore Bushindo™ as a University was born.

## What does Bushindo University™ do for you?

Bushindo University™ brings back the temple arts and incorporates a complete system of integrating the human organism to its fullest state of development. Based on ancient sacred teachings that I have studied since I was a young boy, I have synthesized skills of the best of the best from many systems of studies that have transformed the lives of millions and millions of people. I have taught several of these systems to others in the past and achieved great results. By using my 35+ years of research into the science of how the brain/mind stores, codes and processes information to create and understand paradigms of study and forge modeling processes I am able to help you integrate the knowledge successfully at a faster rate of learning by unifying these sacred arts. I break the studies down into 5 categories of training; Physical, Mental, Emotional, Spiritual, and Social. To advance yourself as a martial artist or human being you must enhance each of these levels to lead a positive and balanced life. These Enlightened Warrior™ teachings are now shared in my private transformation sessions and at special events.

## Future of Bushindo University™

Over the last few years we grew from a web presence offering products, services, and home studies to a full Online University. Next evolution will be a brain-mind re-search center with an indoor/outdoor year round Bushindo™ training facility where individuals can make a committed difference in themselves and the world around us. Designs and business plans are now being completed. If you have connections for funding let us know at it will make all our dreams a reality sooner.

## We love Ninpo Taijutsu and it is at the core of our teachings

I will always maintain an active role in teaching, sharing and advancing the Bujinkan arts of Soke Hatsumi carrying those arts into the future long after I am gone. Ninjutsu is my passion which is why I have already taken about 50 trips to train with the Hatsumi-Sensei. I have received most every award, metal and certification possible from Hatsumi including the Golden Dragon Metal, DaiShihan, Jugodan and Shin Gi Tai Ichi. My Godan was in 1987. Judan in 1994. Jugodan in 2004.

At IBDA we have a Master Council dedicated to continuing the IBDA organization forever. Our studies are unlimited.

## Bushindo™ as a Martial Arts System.

In addition to studying with Hatsumi-Sensei in the arts of Ninjutsu I have been studying and teaching with several councils of Grandmasters. We gather for a few days or more to share each other's arts. We work on what really works and what doesn't. We work on what is the same and what is different. Being exposed to these wonderful masters has taught me many things, made me think and helped me to become a better martial artist of my own kind. I took the best and threw out the rest. I simplified and made everything flow better and easier. I made it all more accurate and precise. I worked on all the angles, distancing and timings of all these master systems until I discovered a master pattern which I call the Golden Matrix. What I have worked out seems to be the core of all movement systems. Bushindo™ is a body-mind-spirit integrated system that will renew, revitalize, and rejuvenate your life while giving you martial art skills second to none.

**RESPECT, GRATITUDE, DEVOTION TO LIFE,  
RIGHTFUL ACTION, MUCH JOY AND PLAY**



# Who is Doshi Richard Van Donk?

Master Richard Van Donk was born in Stockton, California on July 15, 1950. Warrior names: kongo tatsu koutei (Diamond Dragon Emperor), Mr. Happy, and Yeeha by Soke Hatsumi.

GrandMaster Van Donk, aka DOSHI, is the founder of Bushindo University, Enlightened Warrior™ Teaching System and the International Bujinkan Dojo Association. He is also the director of the International Bujinkan Dojo Association with its International Hombu Dojo residing in northern California, USA.

Richard is married to his lovely wife, Linda, a Bujinkan Daishihan (15th dan) and current president of Bushindo and director of American Bujinkan Dojos. Master Van Donk is a direct and personal student of Grandmaster Hatsumi and has been authorized by Soke Hatsumi as a fully licensed teacher of the warrior ways to enlightenment of the Nine Ninjutsu Traditions which Soke Hatsumi learned from the late Toshitsugu Takamatsu Soke (the last true living Ninja.) Master Van Donk has been a pioneer in the art of Ninjutsu in creating ranking curriculums, creating Home Study Courses, and offering Soke Hatsumi's teachings, including seminars, books, and videos, to the world. He travels at least once a year to Japan and around the world to personally train with Soke Hatsumi and to share his knowledge worldwide.

**MARTIAL ARTS EXPERT:** With 50+ years experience GrandMaster Van Donk is one of the highest ranking Bujinkan Ninjutsu Instructors outside of Japan (15TH DAN MENKYO / SHIDOSHI). Privileged to be a

personal student of 4 grandmasters and member of several Grandmaster councils worldwide, Richard has received a unique understanding of the martial arts. He holds Black Belt levels or above in Karate, Jujitsu, Tae Kwon Do, Iaido, Aikido, and Battojutsu. He is also an internationally acclaimed Eskrima Grandmaster (personal student of the late DeCuerdas Grandmaster Gilbert Tenio). The International/American Bujinkan Dojo™ and Bushindo University™ have been founded to further martial arts teachings around the world and to provide students an unbroken transmission of Ancient Arts for Modern Times.

Master Van Donk is dedicated to achieving World Peace and inspiring personal transformation for every individual in our world family. A member of the prestigious WHFC World Head Of Family Sokeship Council, in Sept 1995 he was awarded Grandmaster of the Year. Grandmaster Van Donk is profiled in Who's Who in Martial Arts, World's Most Elite Martial Arts, and Who's Who in America publications.

**NINJUTSU:** DaiShihan Van Donk received his (Nidan) Black Belt and Shidoshi-ho (Junior teaching license) directly from Grandmaster Masaaki Hatsumi in 1985. At this time Soke Hatsumi also made him a personal student in a special dojo ceremony. In 1987 he passed his 5th degree test in Japan in front of a panel of Japanese Shihan. At that time he was only the 9th non-Japanese person to be awarded this rank in the art's 2,000 year history. In 1991 Richard received the Golden Dragon Medal Award which is the highest honor in this art. Soke awarded Shihan Van Donk his 10th degree BlackBelt in a private ceremony on Dec 2, 1995 (Soke Hatsumi's birthday). Richard was

awarded 15th dan on Dec. 2, 2004.

**ESKRIMA:** After 15 years of study Master Van Donk was given the rare title of Professor / Master in DeCuerdas Eskrima from the late Grandmaster Gilbert Tenio, who passed his art and Grandmastership to Master Van Donk before his death.

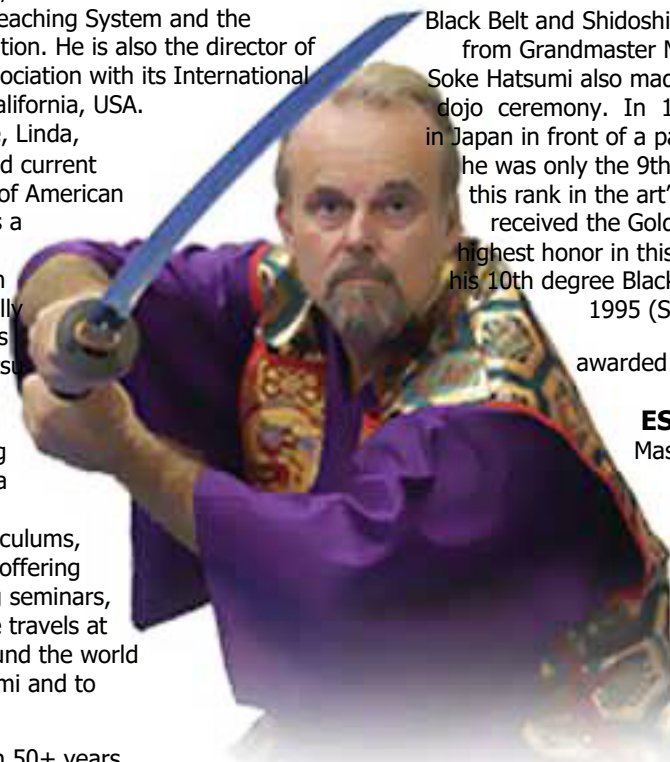
## HIS PERSONAL SPIRITUAL QUEST:

Master Van Donk has journeyed all over the world questing Truth, Consciousness and Bliss. He has visited spiritual people and holy places such as the Pyramids in Egypt, Machu Picchu in Peru,

Satgurus in India, the Dalai Lama, Tibet Monasteries, China sacred mountains, Israel/Holy lands, Stonehenge, Ephesus in Turkey, Mt. Shasta, American Indian holy sites, Japan Mikkyo Temples, Hunas of Hawaii, Ancient civilizations of Palenque, Teotihuacan and several others deep in the jungles of Mexico searching and studying aspects of spirituality. He is considered a philosopher by many and he has written several books and tapes on the Enlightenment process. He travels sharing the "Awakening... the Optimal Human Experience". Many new exciting brain, mind, spirit, body projects are being developed with the Bushindo™ System.

Obtained Master Trainer Level in such therapies as Neurolinguistic Programming & Design Human Engineering. Certified in Massage Therapy, Amatsu, Hypnosis, & Psycho semantics, he is a coach's coach.

Richard teaches enlightenment and martial arts in a direct and yet very lighthearted way with lots of humor; helping people to find their truth and center themselves while giving them the tools to empower their lives and become better human beings in the process.





# IBDA OPPORTUNITY

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## "TAKING YOU FROM BEGINNER TO MASTER"

### Train with Doshi Richard Van Donk



Doshi



Shihan 10th Dan



Godan 5th Dan  
Shidoshi Master Teacher



Shidoshi-ho  
Teacher



Shodan Sensei  
1st Dan



Yellow - Green - Brown Belt  
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White Belt  
Beginner

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# Your Path of Opportunity with the **INTERNATIONAL BUJINKAN DOJO ASSOCIATION**

## ***"Taking you from Beginner to Master"***

— The journey of a lifetime begins with your first step. —

### **Step 1. Join and Become an IBDA MEMBER**

Enter the Vault and Study 24 hours a day with our worldwide Online Study group.

### **Step 2. Become a Ninja BlackBelt – Start Today!**

Enroll in our Ninjutsu BLACKBELT COURSE at a dojo or with our proven Home Study Course.

### **Step 3. Become a TEACHER, SHIDOSHI-HO**

A Teacher of the Warrior Ways of Enlightenment with our Teacher Training Course.

### **Step 4. Start a IBDA Training Group or Dojo**

Earn extra income teaching through our DOJO WEALTH BUILDING Program.

### **Step 5. Become a Martial Arts Master**

Reach higher advanced BlackBelt levels with our Step-By-Step 2ND Degree to 10th Degree studies.

### **Optional Opportunities**

- Attend our annual IBDA Tai Kai Event, Theme related Seminars / go on a Japan Training Trip.
- Join Shihan Richard Van Donk's Mentorship Program / Inner Circle or Personal one-on-one accelerated advancement training.



**Master Richard Van Donk**

Director of the International Bujinkan Dojo Association



**WWW.NINJUTSU.COM**

**1-707-987-9322**



# IBDA BUJINKAN offers you so much more!!



## **IBDA has set the bar for so many aspects of the arts.**

The Bujinkan Arts offer so much. There is a reason that the Ninja and Samurai arts it represents have lasted well over 1,000 years. It was developed and redefined in real life and battle contexts not in a garage dojo by a guy that borrowed from 6 arts to make his own. We study many ancient schools in our training and as well as their application in modern combat situations.

**Our Mission is to share the arts as a Path of Personal Transformation and Way of Life.**  
**Our Primary Goal is to keep the Bujinkan teachings alive.**

Our responsibility at **IBDA**, *International Bujinkan Dojo Association*, greatly increased when Hatsumi-Sensei retired and passed the Sokeships of the 9 schools to individual Senior DaiShihan. Separate Sokeships changes everything! Whether we want it to be or not Japan training will never be the same without Soke Hatsumi and the split of schools. The Hombu Dojo closing indefinitely from the virus did not help the process of these huge changes. My allegiance is to my teacher and the arts. During this transition time Hatsumi-Sensei granted IBDA and myself Doshi Richard Van Donk full permission and his deepest blessings to carry on the Bujinkan arts in the way that I feel is best. IBDA honors him so much and is dedicated to carrying Hatsumi-Sensei's wisdom teachings forward as we have for our near 40 years of offering the arts worldwide. We have the most solid foundation possible and our IBDA Masters Council will continue the arts forever no matter what happens in or out of Japan.

IBDA has a very comprehensive strategic learning standard while many other dojos do not. You can count on solid knowledge for your earned rank. You can count on our instructors to know the material and because they all must pass a Teacher Training Course and learn specific knowledge to earn their Shodan and do a realistic knife take away battle in the process of earning it. We ensure quality and knowledge that you can trust. Not all Bujinkan Dojos offer the vast array of training that IBDA does and few have gone the distance that Doshi has.

We now have many Bujinkan kyu level and high level Blackbelts wanting to switch their training affiliation to IBDA. We fully support helping everyone we can. Our challenge is that Bujinkan rank requirements vary from dojo to dojo. Very few of them require 50% of the knowledge or taijutsu ability that we require. We strongly feel that the arts cannot continue without a solid learning-ranking structure or a solid organization. If you are in this position, *Let's chat*. We have a simple accelerated path process for whatever hombu level grade that you have. Just contact the office at [info@ninjutsu.com](mailto:info@ninjutsu.com) or 707-987-9322 call/text.

At IBDA... *International Bujinkan Dojo Association* we have revolutionized our training, are excited about the future and are happy to have you training with us.

## In a Nutshell this is the Lifestyle path that IBDA BUJINKAN DOJO ASSOCIATION offers.

- **Way Of Life Path...** The entire focus of IBDA is on “**Living Empowered**” as a martial artist and as a human being. Not just in martial skill, but in mind, body, spirit and life. *Shin Gi Tai Ichi* is the goal from the beginning.
- “**Ancient Arts for Modern Times**” has been our theme since late 1980s.
- **Warrior – Monk Training..** a non-religious spiritual path where you learn the arts of Awareness, Meditation, and even Kuji-In. We use the NIN symbol on our uniforms for both skills of patience, composure, and perseverance.
- Our **Martial Skill Taijutsu focus** is totally **Ninpo Taijutsu** and Budo Taijutsu is studied as well. Our IBDA issued ranks are in Ninpo Taijutsu.
- **Ranking is based on 3 things:** specific knowledge learned at every level, your taijutsu ability, and your character development. You will earn the ranks and you can be proud of your grade because you know that you earned it well enough to teach it.
- **Godan Sakki Test** for 5th dan given by Doshi. We have a 10 dan system (with 5 elemental levels) – No 15th dans.
- **Teachers Training Course** – You will be trained how to teach responsibly and can earn several teaching titles.
- **Knowledge Library-** Unprecedented Bujinkan learning and study materials from Beginner to Master Teacher. At the Dojo, supplement Binder/DVD Courses or All Online Study Portal – **Study Any Where at Any Time. Phone App!**
- **Ground Fighting** – Ninpo Ne Waza all taken from the Bujinkan schools’ methods.
- Amatsu and Junan Taiso **body conditioning**
- **Bujinkan fight finishes.** Not just submission and stop.
- **Realistic combat – No wimpy training.** See Combat Ninjutsu DVD. All punching styles – not just Ichimonji tsuki. Resistance training. Countering drills.
- **Weapons** – ancient, exotic and modern – How to use and defense methods
- **18 Skills of the Ninja**
- **IBDA Master Council to carry the art on forever.** Almost 40 years of excellence.
- **Join our lineage!! Become a training Member Today!!**

**Learn more details inside the IBDA Members Portal.**







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Get your IBDA Membership ID Card, Patch, downloadable Certificate. Online Portal that includes the NINJA VAULT loaded with How to Teachings, Video clips, the 9 Ryu histories, Waza, Meditations, & much more. Train 24 hours a day! Become a Teacher!

**ALL This for only \$40 a year (avg \$3 a month)**



**NINJA SOURCE VAULT Explore the Living Densho Secrets.**

Secret Densho Scrolls are hidden in our Ninja vault! And the only Vault key necessary is to become a Vault member for a low \$40 per year. Our Students and IBDA members deserve special knowledge that is not available to the general public. Why hide stuff? .... Heh, we are Ninjas (in training) aren't we? So a special Ninja Members Only Vault has been created. We are working hard to fill this vault with lots of high quality martial arts and life empowering information, newsletters, articles, history of the 9 Bujinkan Schools, Soke lineage lists, and ryu waza lists, training techniques, pictures of Takamatsu, Hatsumi, Van Donk, Martial arts, wall papers, free downloads, audio teaching files, lots of video clips and whatever else that should be locked up only for our members. If you have something cool to contribute let us know as we are growing this library of knowledge for you. **Join now and open the secret scrolls!**

### **NINJUTSU ONLINE STUDY GROUP** **Exclusive TRAINING Members Only!**

Become a member and get the answers to training that you want 24 hours a day access. We have an open group and a Members Only Facebook study group. In order to keep it being a Ninjutsu training and not a gossip forum we have taken it private where you can get real truthful and respected answers to your training questions. Discuss your favorite Martial arts topic and learn from top instructors all in one place. For a limited time only the Online Study Group and the Ninja Vault it will be included in the IBDA Membership and the Shodan Training Course.

**The Ninja Vault, Ninjutsu Online Benefits and ID Card, Membership Certificate for only \$40. Wow!**



# Your IBDA Opportunity!

## HOW FAR DO YOU WANT TO GO IN YOUR NINJUTSU STUDIES? 5TH KYU? SHODAN? GODAN? SHIHAN?

### We take you from beginner to Master.

Not just idle words. Hundreds of Bujinkan high ranking teachers got their start with us and made it to 10th dan! Results speak for themselves. You can be next when you start today with our teachings at IBDA. Go as far as you want to go.

### At IBDA you will find the following:

We are dedicated to helping you personally grow as a human being, to become a better martial artist and to encourage you to become a teacher of what you love.

- All IBDA instructors (and students) know all the same information from 9th kyu to their dan certification level.
- IBDA instructors have solid reference material for themselves and students.
- IBDA Shidoshi (Master Teacher) or Shidoshi-ho (Teacher) instructors have been taught how to teach and are certified.
- IBDA instructors (and students) are properly trained to become certified and licensed to teach by Doshi Richard Van Donk and represent IBDA worldwide.
- All students will have the opportunity to learn whatever they desire of the Ninjutsu teachings while having a solid curriculum to follow from 10th kyu Beginner to 10th dan Master.



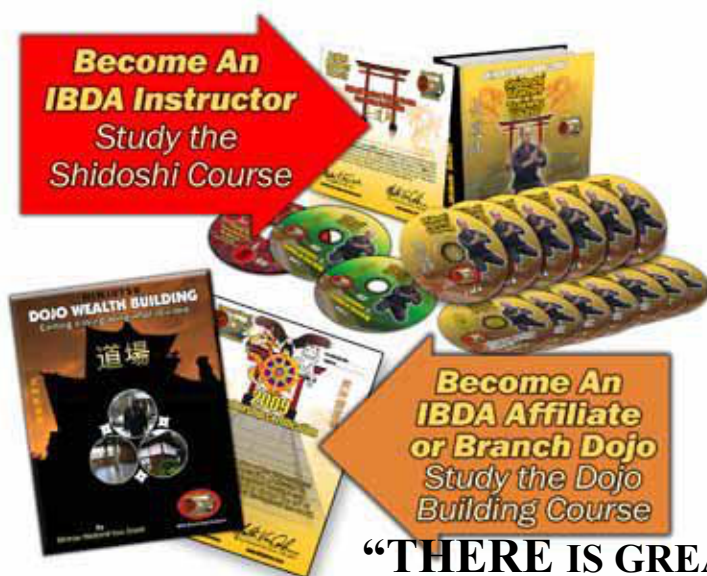
### NOT ALL NINJUTSU TEACHING SYSTEMS ARE THE SAME.

May I speak privately and honestly with you? Training and teaching in the Bujinkan can be challenging. Soke Hatsumi has left all organization, ranking certification methods, and style of teaching his art to his Shidoshi students. They can teach anything they want, how they want, create any ranking structure they want, even have their own organization or not.

While this is wonderfully freeing for a teacher it is also very confusing to many students who see a BlackBelt with solid skills from one teacher and then see a 4th dan BlackBelt with no skill level from another. Even though they train in the same art students most often have not been taught the same information, nor are they required to be, the Bujinkan system is so loose that there are even disrespectful Shihan that fly around the country just ranking other peoples students whom they have only met for a day or so to much higher ranks than their own teacher has graded them. This often causes these students to leave their current teacher for the new one.

Good people are tricked into momentarily believing that rank is more important than knowledge as they think they can get the knowledge later. But without a standard study system this will never happen and these students end up being left without the guidance they truly need. For over 30 years we have had a very solid system of study from beginner to 10th dan, ranking based on knowledge and a worldwide organization that offers more study information and opportunities than anyone else in the art.

Become An IBDA BlackBelt - Start the Masters or Shodan Course  
We want to give our students what we did not get from our teacher and he supports us in this endeavor to offer you the best experience you can have in Ninjutsu. We encourage students to train with everyone they can to add to their knowledge while they foremost keep a solid foundation and an organizational home to build their martial arts experience on.



### “THERE IS GREAT JOY IN HELPING OTHERS HAVE A BETTER LIFE.”

IBDA takes a solid stance on having a strategic standardized study plan that benefits everyone while offering additional flexibility so everyone can grow and learn at their own pace in the way they desire.

### IBDA - “TAKING YOU FROM BEGINNER TO MASTER”

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# Memberships - Patches



## IBDA MEMBERSHIP



THE NINJA  
SOURCE VAULT  
AT THE HIDDEN LIVING DENSUO SECRET



### International Bujinkan Dojo Association™

Your International Bujinkan Dojo Association™ Membership comes with an ID Card (see right), an online Printable IBDA™ Certificate, an IBDA shoulder patch, member specials, ONLINE Portal and Ninja Vault, Study Group.

**Annual Membership: #MEM-IBDA \$40.**

## Includes CARD

### Official Annual Bujinkan IBDA Dojo Membership Card



This Official Bujinkan Dojo Annual Membership card comes with your IBDA membership. The card is black with gold trim. Membership cards are good for **ONE FULL YEAR** from the date purchased. A current Membership is required for all IBDA rank testing. All renewals receive a new ID Card, certificate and IBDA patch.

## IBDA PATCHES

### IBDA Shoulder Uniform Patch



Metallic Gold IBDA letters written over a metallic silver and grey globe with a Red circle and black Bujin Kanji outlined in gold. Oval shape outlined in black over a red background.

**#PA-07 \$10**

### IBDA NIN Shoulder Patch-



Beautiful gold metallic border, sword and 9 stars (one for each school) red circle containing the black NIN kanji outlined in metallic silver. This IBDA patch is worn on the *left shoulder* of your uniform (and anywhere else you like) to signify your worldwide IBDA Ninjutsu membership. You can also choose the Oval

design for the shoulder patch, if you prefer that one. 4.25" x 2.25"

**#PA-IBDA \$9.00**

### KYU Patch-DESHI

Official IBDA Hombu Dojo Deshi (meaning Student) 3" Patch worn on the chest over the heart for the 9th Kyu to 1<sup>st</sup> Kyu. Inner White Nin with gold metallic border on red center. A reminder of starting on the path with a pure heart.

**#PA-03 \$25**



## Uniform Stars

### White, Yellow, Silver, or Gold 1"



Official IBDA Uniform stars are to be used on your uniform above the proper gi patch for the Kyu or Dan level that you are certified at. They come in a package of 4 so that you will have them as you advance. The iron-on backing allows you to set them in place and then sew or tack them down to keep them in place.

4 White Stars	<b>#STAR4W</b>	<b>\$5.00</b>
4 Yellow Stars	<b>#STAR4YEL</b>	<b>\$5.00</b>
4 Silver Stars	<b>#STAR4SIL</b>	<b>\$5.00</b>
4 Gold Stars	<b>#STAR4Gld</b>	<b>\$5.00</b>

### DAN Patch-SENSEI\*

Official IBDA Hombu Dojo Deshi (meaning Student) 3" Patch worn on the chest over the heart for the 9th Kyu to 1<sup>st</sup> Kyu. Inner White Nin with gold metallic border on red center. A reminder of starting on the path with a



pure heart. Official IBDA Hombu Dojo 1st Dan to 4th Dan Uniform 3" Chest SENSEI level Patch.

**#PA-04 \$25**

### \*Please Note:

SHODAN TO YONDAN **ONLY**-

You **MUST** be at least an IBDA Shodan to order this item **NO EXCEPTIONS!** ALL orders will be checked against our certified dan list records



Shihan Richard Van Donk's

# Ninjutsu Masters Course



## Ninjutsu Masters University Course

By Bujinkan 15th dan, Master Richard Van Donk, was carefully and strategically crafted to easily take you step by step in learning the art of the Ninja. This is a comprehensive university package designed to take you from Beginner to 5th dan Master level in about 8-9 years of much hard work and perseverance. No rank promises are made. This is REAL training and you will be proud of your progress.

<http://mastercourse.ninjutsu.com/>

# NINJUTSU- BUDO TAIJUTSU

## Bujinkan Masters Course

**7 Complete Courses!** Includes 43 Dvds, 14 Cds, 6 Manuals, 2 Books, 1,782 study pages, 2 Patches, 3 certificates, LIFETIME access in the Ninja Vault and the NINJADOJO ONLINE Course



**WE COVER IT ALL....** from the Old Days training of Ninpo Taijutsu, Ninjutsu, Togakure Teachings, Ten Chi Jin... to Juppo Sessho to the more modern Budo Taijutsu. From the Art of Awareness to Combat Ninjutsu. From Junan Taiso to Amatsu. Why be limited? or forced to a name? Hatsumi's Bujinkan has offered many different teachings from many schools and that training has changed and has evolved as he has.

Doshi Richard Van Donk has codified over 35 years of Bujinkan study into a University Course that gives you the full spectrum of Hatsumi Bujinkan teachings from the Art of Awareness to Combat Ninjutsu/Budo Taijutsu. We will **NEVER** offer less!!

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from Beginner to Master! Reg: \$2495 - Special \$1997-**

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# NINJUTSU

## Black Belt Course

### HOW DO I GET STARTED?

[www.ninjutsu.com/beginnersreadthis.shtml](http://www.ninjutsu.com/beginnersreadthis.shtml)

Enroll in the Ninjutsu Home Study Course, fill out the Bushindo Student Registration form that comes with your set. Find a training buddy. Obtain through us or your local martial art shop a black uniform with a white belt. You do not need to have tabi shoes, (some do, some don't). Over time you will need to get or make a few wooden weapons such as a knife, 3ft staff, 6 ft staff and a

wooden sword. Study each move on the dvd's over and over until you can do them easily just like it is shown. Most students take about 3 months at each level, achieving their BlackBelt in 2 1/2 years of dedicated study. If you are athletic or already have martial arts experience you may go faster through the levels keeping in mind that the basics are the foundations that you build your BlackBelt and above training on. This Course was carefully crafted over 7 years to give you a natural progression of material. Test for rank and keep studying.

### HOW DO I TEST FOR RANK?

We make it simple. Test at an IBDA dojo, attend the annual IBDA Ninja TaiKai, come get a private lesson, host a seminar, or submit a video (up to 1st kyu) to our testing center. We support you in every way in your distance learning. Worldwide success over the last 25+ years has helped us to perfect our teachings, creating BlackBelts and with these lessons. Your BlackBelt test

and promotion must be done in person at a semi-annual camp, seminar, tai kai, dojo or private session (even at your location). This is a real BlackBelt and we want your day to be special! Check out all the testing options & details at [www.Ninjutsu.com/ranktesting.com](http://www.Ninjutsu.com/ranktesting.com)

### CAN I STUDY THE COURSE WITH A FRIEND? (BUDDY PLAN)

It is fun to have someone you can share this art with! Each of you will inspire the other's growth. We fully encourage you to get a family member or a friend to study this art with you. While you can definitely study a lot on your own Ninjutsu is an interactive art that requires a partner to really understand it and appreciate it. Family trains as one unit and buddies need their own study materials - just like at any school or university.

### CAN I REALLY LEARN WITH THE DVD COURSE INSTEAD OF AN INSTRUCTOR?

Absolutely! The DVD videos are your instructor, teaching you in your home or dojo in a step-by-step way. You can slow motion the instructor and practice the move until you learn it. No intimidation of a class. Go at your own speed. And do it when you have the time. Of course you will need to find training partners or a Bujinkan school near you when you feel you are ready to take your training to a new level. We have created a unique and very effective video/dvd testing feedback system that really works. We know because it produces results!

## Become a Black Belt Instructor in Ninjutsu in your own home at your own pace!

This revolutionary Ninjutsu Black Belt Home Study Course, pioneered by Master Richard Van Donk, is used by high ranking Ninjutsu instructors and beginning students alike with great success in over 50 countries worldwide. Seven years, 1000's of hours of research, lots of blood, sweat and tears, and almost million miles of travel in 25+ trips to Japan to personally train with Grandmaster Hatsumi and other Shihan teachers went into providing you with this very comprehensive step-by-step Black Belt curriculum. There is none like it anywhere else in the world. The elite World Grandmaster Council (WHFSC) gave us the #1 Top International Videos Award in 1999. Find out why for yourself! Train at home at your time at your pace! Become an Instructor in Ninjutsu.

**100% SATISFACTION  
GUARANTEED.**

WE'VE TRAINED BEGINNERS  
BLACK BELTS INTO  
ALL OVER THE WORLD  
YOU NEXT?

### WHY A HOME STUDY COURSE? [www.BlackBeltCourse.com](http://www.BlackBeltCourse.com)

Simply put, authentic Ninjutsu is hard to find in many parts of the world. You won't find a qualified instructor available on every corner. The Ninjutsu Black Belt Home Study Course gives people who are not fortunate enough to have a good teacher near them an opportunity to study this art in a step by step manner, offers them a way to get feedback on their training, and if desired, obtain a certified ranking. From the reports of our video students this is a dream come true. The Ninjutsu Black Belt Home Study Course even helps those who have a Ninjutsu dojo near them to practice the lessons at home, enhancing their training. Our students who train at the dojo and at home with the Course advance at least twice as quickly. The Ninjutsu Black Belt Home Study Course also creates a standard for growth and gives a new BlackBelt a method for becoming an instructor themselves.

### HOW WILL I BENEFIT BY STUDYING THE COURSE?

People who want a life change, new martial art students, families or buddies who want a hobby together, those who already train but want more information and to learn faster, those without instructors, instructors who want a curriculum for students, blackbelts in other arts and schools who want to add to their system, knowledge or credibility. Our success tells us that our Ninjutsu BlackBelt Home Study Course will give you the edge you need to become a better martial artist!

# NINJUTSU Black Belt Course FROM NINJUTSU MASTER RICHARD VAN DONK

HOW TO GO FROM A BEGINNER TO INSTRUCTOR IN 10 STEP-BY-STEP INSTRUCTIONAL DVDS, A TRAINING TECHNIQUE MANUAL AND EVEN AN ONLINE STUDY FORUM WHERE YOU CAN GET THE ANSWERS YOU NEED.

## A Complete Ninjutsu Learning System!

Now anyone, anywhere in the world can study Authentic Ninjutsu. Master Van Donk took 50+ trips to Japan during the last 35+ years to personally study with Ninjutsu Grandmaster Hatsumi to bring you this opportunity. Good teachers of authentic Ninjutsu are limited and hard to find so we created a way for you to learn the art without traveling. These Ten comprehensive learning DVD 'S give you endless techniques, plus the forms, philosophy, weapons and dynamics of this 1,000+ year old art in a step-by-step learning format (including the names of techniques in Japanese for the serious student). Nowhere else in the world is this information available formatted as it is in this easy to learn Beginners to Black Belt, 10 DVD Ninjutsu System. Each DVD study

level was carefully designed to be progressive, from easy movements to disarming weapons. Progress quickly as you watch moves over and over or frame by frame in slow motion as you practice them at your own rate of learning. While no DVD course is a complete substitute for a qualified licensed instructor, many have used this very set to become one. The next one could be you! Read details of rank testing and our Buddy Plan on Page 6. Enroll in the Complete Black Belt Home Study Course and

**Begin your training today!  
Become an IBDA Instructor!**

**LEARN AT  
HOME AT  
YOUR OWN  
PACE**

### Get the Complete Ninjutsu Black Belt Home Study Course

**with TEN 1-hour DVD videos; and receive  
over \$150 in FREE Bonuses including:**

A comprehensive 250+ page Black Belt Training Manual, Japanese Terms learning Audio, Registration for distant learning rank testing with the Bushindo Martial Arts University, Buddy program and more.

**#NINJABBCOURSE for only \$297-  
Or for only \$20 more Add the Award winning**

**Combat Ninjutsu DVD  
and see the rock and roll action you'll be  
able to do when you complete this  
course!**

**NINJA BB SET + Combat Ninjutsu  
DVD #DVD371 only \$317-**



## We Bring Authentic Ninjutsu To Your Door!





# Ninjasu Black Belt Course

## What You Will Learn-

### 9TH KYU REQUIREMENTS- Beginners Level 1

Building your foundation. Learn the proper Ninjasu bowing-in procedures, how to tie your belt, how to warm up & stretch before training & the basic standing postures of Seiza, Hira & Ichimonji no kamae. This first dvd teaches you basic forward & backward rolls and breakfalls (how to go to the ground without getting hurt) as well as the basic punches and kicks of Ninjasu. It covers how to be out of the way of attacks with proper evasion by using your body effectively. You'll begin learning the Sanshin no kata, a set of 5 elemental movement forms which teach very important principles of movement and feeling. At 9th Kyu level you'll learn the basic Chi or earth feeling form of the Sanshin. Intro Level - Basic Body conditioning, Belt tying, Bowing, Movement Basics, Natural Postures of Shizen, Seiza & Ichimonji, Earth Form, Evasion, Rolling, Basic Punching and Kicking

**8TH KYU REQUIREMENTS- Beginners Level 2** The focus of the 8th kyu level is taihenjutsu or basic falling, leaping & evasion skills. The foundation for all of the more advanced techniques you will learn rests upon your ability to move fluidly and go to the ground without fear. In 8th Kyu you'll work more on your rolling & body movement skills as well as adding the postures of Hoko, Doko

& Jumonji no kamae. You'll learn Omote & Ura Gyaku (inside and outside basic wrist grabs & reversals) as well as Tehodoki (basic wrist escapes) & basic Hanbo (3 ft staff) movements. Continuing the Sanshin no kata you'll learn the basic Sui or water feeling form movement. At 8th kyu you will be introduced to the Kihon Happpo movements, the fundamental ways of moving upon which our art and most all of the martial arts are based. From this level on up you will need a partner to work out with. Ichimonji no kata is the first movement drill you will learn from the Kihon Happpo. Wrist grabs - Locks and escapes, Cartwheels, Weapon- Hanbo (3ft wooden staff), Water form, Being a training partner (Uke), Blocks, Escape from grabs, Striking techniques. Jumonji, Hoko and Doko No Kamae.

### 7TH KYU REQUIREMENTS - Beginners Level 3

Emphasis at this level is on having more flowing body movement with less effort. You need to be able to go to the ground effectively and be able to take your partner off balance using your body movement rather than muscle. You'll learn side rolls, more advanced back rolls, standing, forward, backward & sideways breakfalls. The postures of Kosei, Hicho & Ihen no kamae are covered as well as Shuto (cupped hand) strikes & backward and sideways kicks. More punching drills, Kihon Happpo & the Sanshin forms of Ka (fire) & Fu (wind) as well as the Gyaku Waza (wrist

reversals) techniques of Omote Oni Kudaki & Hon Gyaku. Basic tanto (knife) techniques are also covered. Advanced Rolling methods, Breakfalls, Kicks, Fire & Wind feeling forms (SanShin), Beginning grappling (Kihon Happpo), Knife understanding attacks, Postures: Ihen, Kosei, & Hicho, Posture flow drill, Oni kudaki.

### 6TH KYU REQUIREMENTS - Intermediate Level 4

At this level in your taihenjutsu (body movement skills) you should be able to roll without using your hands so that you can either pick up a weapon or take down an attacker as you are rolling. This tape covers how to do this as well as Shiho Tenchi

Tobi (4-way leaping skills),

Shiho Geri (4-way kicking) and Sokoyaku Ken (heel/sole foot dance).

You'll learn the last set of the Sanshin no kata, the Ku or void feeling form. From the Kihon Happpo you'll practice the Jumonji no kata (crossed hand posture movement drill) & Musha Dori. The Kusari fundo, a weighted chain, is the weapon focus for this level (we always use a rope version for safety when training with a partner). The importance of meditation & diet are covered as well. Leaping skills in several directions, Thumb striking, Void feeling form, Medium level Grappling, Weapon -Kusari Fundo- (Rope/Chain) techniques, Advanced kicking including 4-way (Shiho tenchi Tobi). Meditation, Diet, More Kihon Happpo.

### 5TH KYU REQUIREMENTS - Intermediate Level 5

The focus at this level is learning the Kihon Happpo movements with efficiency and knowledge of the Japanese names for each technique. This level is a major step and accuracy as well as good body flow is a must. Advanced kicking & punching methods practiced while going to the ground as well as Muto Dori Gata (empty handed sword evasion forms) are on this tape. You'll learn how to strike using the Boshi Ken (thumb fist) & Shako Ken (claw fist), and to kick using Kakushi Geri & Sampo Geri forms. Continuing the Kihon Happpo you'll learn Hicho no kata (flying bird form movement drill) and Ganseki Nage (beginning throwing forms). Basic grappling forms are also covered and the weapon focus for this level is Shuriken (throwing stars). Sword evasion forms, Medium level Grappling (Kihon Happpo), Body grab escapes, Shuriken techniques, Beginning throws (Nage), advanced kicking and punching methods also done while falling.

## Get the Ninjasu Home Study Course BECOME A BLACKBELT!



# NINJUTSU

## Black Belt Course



### 4TH KYU REQUIREMENTS - Intermediate Level 6

At this level you need to be proficient at taking your opponent off balance. This tape reviews how important balance is in your training and in your life. You'll also find jumping kicks, jumping & diving rolls, running up surfaces, wrist breaking techniques, leg sweeps & how to counter kicks all on this tape. The weapon focus for 4th Kyu is the Rokushaku Bo (6ft staff) & you'll learn basic strikes & distancing for this weapon. Jumping kicks, Countering Kicking attacks, leg sweeps, wrist breaking techniques, 6ft bo staff training (basic and advanced), Rolls (jumping and diving), Flying techniques.

### 3RD KYU REQUIREMENTS - Intermediate Level 7

At this point in your training your attention should be on your partner's body & the effects that your movement & technique have on your partner. This dvd reviews the importance of this as well as introducing the sword, including how to hold it, 10 different sword kamae (postures) and the basic movements and cuts from each of the 10 postures.

Advanced Tai sabaki (body evasion) is covered on this tape, paying specific attention to distancing & timing, as well as advanced Ganseki Nage (throwing forms), power moves & damaging blows

to crush your opponent. Sword postures (10 different kamae), basic movement and cutting from each one, Throwing skills of ganseki forms, Silent movement, Using nature, Fist and body harmony, Power moves, Damaging blows to crush your opponent.

### 2ND KYU REQUIREMENTS- Advanced Level 8

This level focuses on advanced falling, leaping, and evasion skills. Kuten (front handspring), Noburi kata (climbing trees, buildings, poles), and Suwari gata (kneeling forms): wrist grabs, reversals, throws and kicks from a kneeling position are shown. You'll learn five new strikes: Shuki ken (hand start fist), Sakki ken (foot start fist), Shishin ken (finger needle strike) and Happa ken (eight leaf fist) as well as Tai ken, the use of the whole body as a fist. Koppo jutsu or bone attacks and Shime waza go kata (the five strangle hold/choking techniques) are also taught on this tape. Weapon focus on this video is the proper use of Shuko (hand claws) and Kenjutsu Shinobi Iai the art of properly drawing a sword. Discussion on using dreams as insight into things that are happening in your life. Choking and strangulation holds, Knee and elbow strikes, Bone attacks, Climbing trees skills, How to draw a sword several ways, Fighting from sitting and kneeling, Hand claws, Dream work.

### 1ST KYU REQUIREMENTS- Advanced Level 9

This DVD covers Stealth movement and Gotonpo (body concealment methods using nature to escape). Koshijutsu (organ and muscle attacks) is taught using points on the wrists,

arms, shoulders, throat, face, back, chest and legs etc. Advanced throwing variations (henka) from the Kihon Happpo movements of Ura Gyaku, Omote Gyaku, Musha Dori and Ganseki Nage are shown as well as Koshi nage (hip throws), Itami nage (pain throws) and a rare demonstration of Kuki nage (throwing without touching your opponent by using energy and intent only- no body contact). Weapon focus is the Kyoketsu shoge (long rope with circular ring on one end and a double bladed dagger on the other) and how to use Metsubushi (blinding powder). Stealth, Escaping from danger using nature (Gotonpo), Advanced throws (Nage waza), Organ and muscle attacks of Koshijutsu, Variations of advanced grappling forms, Rare Shoge weapon, Metsubushi blinding powders.

### BLACK BELT 1st Degree (SHODAN) LEVEL REQUIREMENTS

Knife and gun disarms, how to deal with multiple attackers, Kihon Happpo reversing and countering techniques as well as natural taijutsu (body movement) with a gun. Breaking body balance, flowing from technique to technique, capturing the essence of

**AUTHENTIC NINJUTSU HAS NEVER BEFORE BEEN AVAILABLE TO THE GENERAL PUBLIC IN SUCH AN EASY TO UNDERSTAND AND FOLLOW FORMAT! THIS IS YOUR OPPORTUNITY- START NOW!**

the techniques, and getting your life to work for you are all covered on this DVD. If you have really been

practicing, by this level of your training your life should be very different than when you first started training. You will be more confident, more relaxed and generally a happier, more aware, and more conscious human being. Now you are ready to really train! Knife and gun disarms, Handling multiple attackers, Reversing/ countering techniques, Natural gun shooting, Breaking body balance, Flowing technique to technique, capturing the feeling, Randori.



## Get the Complete DVD

## Ninjutsu Black Belt Learning System

SAVE \$100- REG. \$397.95

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# Shidoshi Teacher Training Course

**BECOME A "TEACHER OF THE WARRIOR WAYS OF ENLIGHTENMENT"**

**Would you Sell your BlackBelt experience for \$50,000?**

士  
道  
師

**BUY IT NOW**  
[CLICK HERE](#)

Over the years we have asked many people who have achieved BlackBelt level from us this question "Would you sell your BlackBelt knowledge, the changes it has made in your life, impact it has made on others and the friends you have made for \$50,000?" **The answer is always NO WAY!** In one class of 20 BlackBelts they all said NO even for \$1,000,000 - they actually said they would turn down one million dollars! Now that says something!

**You can be a BlackBelt in techniques and yet only be a White belt at sharing them.**

Teaching can be challenging on many levels until you learn over time by trial and error what works OR now you can get trained in a proven step-by-step method, possibly avoiding years of painful stress or just getting too frustrated and quitting. Teaching becomes a natural progression for many students that reach BlackBelt level, sometimes even sooner, as friends and family become curious about what you are learning. Sharing what you love is magical and gives you a great feeling inside. But it is one thing to be able to do techniques and a whole other thing to be able to share the teachings in a way that others can understand and duplicate what you are sharing. When the size of your group increases to 10, 20, 50 or even 100 students on any consistent basis it can be very overwhelming if you are not trained in how to handle this. The IBDA Shidoshi Teacher Training Course is designed to teach you how to set up your trainings, create schedules, themes and select material for your classes. It will also teach you how to instruct a class and how to handle challenging dojo situations. It will teach you how to interact with your students in a way that keeps them coming back for more. Doshi Van Donk will teach you how he teaches, how he trains his instructors and the secrets of

- **How to be a very skilled, confident teacher**
- **How to Create interesting Lesson Plans daily, weekly, monthly and yearly**
- **Handling your Students challenges and keeping them happy**
- **Your responsibilities as a teacher**
- **Empowering yourself to Empower others by learning to become a good communicator, and leader, how to think on your feet, and be quick at decision making.**

The future of the Bujinkan teachings will depend on its instructors knowing how to properly transfer the art's knowledge to their students and for these instructors to represent themselves as confident professionals both in and out of the dojo. We want our instructors to be examples for others to follow and for them to have been given training in how to teach. We want to make their transition easier. This is why IBDA requires the completion of this Shidoshi (Teacher of the "Warrior Ways of Enlightenment") Training Course for all students that want to become Shidoshi-ho instructors with IBDA. Some people will get to learn this in a dojo setting and some will not as they may only train outdoors with a few friends. It is wonderful if you can attend our dojo classes directly or train with a certified instructor but if this is not available to you we have a complete Distant Learning Program that can take you as far as you want to go. While you are training to get your BlackBelt in Ninjutsu you can also study how to teach the art to others. Most students will start this Shidoshi training by the time they reach the 3rd kyu level, which is over half way to Shodan, so that when you get your Shodan (or Nidan) you will already be trained as a Shidoshi-ho ( licensed instructor, a direct student under Doshi Van Donk) issued by IBDA. This enables you to open up your own IBDA Ninjutsu dojo. Yet the greatest level of all is what you will feel inside, the changes you have made in your life and how this affects others around you because of your hard-earned efforts. These studies have been proven to change lives! Help us do that by sharing the art!

**Shidoshi Teacher Training Course is required material to become an IBDA Shidoshi ho.**  
Course contains 240 page Study Manual, 2 dvds, and 13 audio cds.

**#Shidoshi101 \$297 - \$247 Special**

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# **BUDO TAIJUTSU**

## **Master Principles Course**

### **BUDO TAIJUTSU COURSE**

#### **"Perfecting Your Budo Taijutsu"**



#### **YOUR BUDO TAIJUTSU COURSE CONTAINS:**

- 236 page “Perfecting Your Budo Taijutsu” Instruction Course Manual**
- 11 DVDS** – Doshi Richard Van Donk and 9 other instructors share with you their master concepts of Budo Taijutsu in actual demonstration and drills to practice. All about 1 hr long each DVD.
- 70 PAGE Ten Chi Jin Manual** – Doshi Richard Van Donk notes from 25 years of compiling and studying the Heaven Earth And Man scrolls known as the Ten Chi Jin. This is a \$75 bonus value (for real check the price at the store). It is included here in case you are not real familiar with the core teachings of Soke Hatsumi.

**This Budo Taijutsu Course of 11 DVDs and 236 page Manual Only \$297-**

**More Information Online at**  
**[www.BudoTaijutsu.com](http://www.BudoTaijutsu.com)**

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# 2ND TO 4TH DAN (Degree) Course Packages

## NIDAN IBDA Level Training Course

2nd degree Black Belt (Nidan) Package includes: **Gyokko Ryu**

Nidan (2nd degree) IBDA Training Course 263 page Manual includes all the Gyokko ryu wazas of Jo Ryaku no maki, Churyaku no maki and Geryaku/Mutodori gedan plus 29 Kukishinden Ryu Hanbo-Jutsu Shoden / Chuden / Okuden level wazas in Japanese Kanji and English translation and how to practice explanations. Complete with Bakku In Mudras. Doshi Richard Van Donk teaches Nidan students to demonstrate all the wazas to you and expands the teachings.

- Gyokko Ryu Jo Ryaku no maki wazas DVD
- Gyokko Ryu Chu Ryaku no maki wazas DVD
- Gyokko Ryu Ge Ryaku no maki wazas DVD
- Kukishinden Ryu Hanbojutsu/Shikomizue DVD

**You can only get these complete Gyokko Ryu waza dvd's in this IBDA NIDAN Course Package #Course-Nidan Complete Package Price \$247-**

## SANDAN IBDA Level Training Course

3rd degree Black Belt (Sandan) Package includes: **Shinden Fudo Ryu**

Sandan (3rd degree) IBDA Training Course 356 Page Manual includes all 84 wazas of Shinden Fudo Ryu Dakentaijutsu, Ten & Chi No Maki, Shizen Shikoku No Kata Jutaijutsu, Shoden Gata/Juroku Gata /Chuden/ Okuden levels and from Kukishinden Ryu: Rokushakubojutsu- Shoden, Chuden, Okuden, Kuden levels.

- DVD 1- Shinden Fudo Ryu Ten No Kata (24 Heaven Forms)
  - DVD 2- Shinden Fudo Ryu Chi No Kata (24 Earth Forms)
  - DVD 3- Shinden Fudo Ryu Shizen Shigoku (36 Ultimate Natural Forms)
- Plus DVD- Shihan Richard Van Donk's Ninjutsu Weapons Vol 1 Hanbo, Bo, Kusari, Shuriken

**SANDAN Course Package #CourseSandan Package Price \$247-**

## YONDAN IBDA Level Training Course

4th degree Black Belt (Yondan) Package includes: **Takagi Yoshin Ryu**

Yondan (4th degree) Training Course 206 Page Picture Manual includes all 97 wazas of Takagi Yoshin Jutaijutsu including Shoden No Kata /Chuden No Sabakigata / Chuden No Tai No Gata / Okuden No Kata levels and Eri Shimegata, Moguri. levels. Kukishinden Ryu: Yari Jutsu , Kodachi, Muto Dori -

- DVD 1 - SHODEN LEVEL WAZAS
- DVD 2 - CHUDEN LEVEL WAZAS
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### **KIHON HAPPO - Koshi Sanpo / Torite Goho Gata**

The fundamental roots of all Budo may be contained in the Kihon Happpo according to the last living true Ninja, Toshitsugu Takamatsu. Soke Hatsumi emphasizes the importance of deeply learning these fundamental techniques as a foundation to our Ninjutsu practice. On this video Shihan Van Donk breaks all the pieces of every aspect into a step by step learning of each Kihon Happpo technique as no one else has yet done. The Torite Goho Gata is presented as an understanding of the Universal action of the Inner (Ura) and Outer (Omote). The Techniques covered are the Koshi Sanpo including Ichimonji No Kata, Hicho No Kata, and Jumonji No Kata and the Torite Goho Gata which includes Omote Gyaku, Omote Gyaku Ken Sabaki, Ura Gyaku, Ude Jime Ashi Ori (Musha Dori), and Ganseki Nage. This is such an important DVD to have in your learning library! Taught by Doshi Richard Van Donk.

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### **SANSHIN NO KATA - Chi, Sui, Ka, Fu and Ku No Kata**

Elementary in nature and practical in application, the Sanshin no kata (three hearts methods) is the roots and core of the Bujinkan Ninjutsu training. The Sanshin comes from the 1,500 year old Kosshijutsu system of Gyokko Ryu. It has been practiced through the ages because the movements are fundamental to striking methods whether armed or unarmed. Learn each of the 5 kata as they are broken down piece by piece and step by step just as they were taught to Shihan Van Donk by Grandmaster Hatsumi in Japan. It is exciting to witness how each of these kata forms are used in combat. What's even more exciting is to see how they are the fundamental base for all longer range weapons, as is shown specifically on this recording. You will view the practicality and use of the Sanshin in a whole new light when you get this training. Taught by Doshi Richard Van Donk and assisted by Shihan Ken Balanon.

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### **POSTURE POWER - Kamae and their use in defense**

Now in one place on one video the primary postures from each of the 9 Ninjutsu schools are shown. Shihan Van Donk demonstrates each posture, teaches how to get in them, how to move from them, how to flow from posture to posture while learning their proper names and how to apply them in combat. Do you really know these postures and their Japanese names and how to use them? If not, here is your video. Postures (also known as Kamae) are the fundamental foundations to your martial arts ability and determine your ability to defend yourself. Proper positioning can be everything and knowing how to move in and from them may be even more important. There are 9 ryu (schools) in the Bujinkan Ninjutsu training and each school may offer different kamae (postures), often confusing even the best instructors. Practice posture to posture until you are very comfortable moving from one to the other with Posture Power. Doshi Richard Van Donk is assisted by Shihan Ken Balanon and Shihan Joel Everett.

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# Master Richard Van Donk's Ninjutsu Made Easy Series DVDs



Enjoy the Ninjutsu Made Easy Series™! For many years we had numerous requests to make it simpler and easier to learn Ninjutsu. Students asked us all the time where they could learn just the Kamae (postures) and how they work or for a DVD just on the Sanshin no kata and Kihon Happo. They asked for more help on rolling or for a tape just on weapon postures and strikes. Of course we show all these things on the Black Belt Home Study Course, but they are divided up among the different levels, not in one place in succession. Soke Hatsumi doesn't teach basics anymore and many students just don't have access to a teacher nearby, so we listened, and convinced Shihan Van Donk to do a Ninjutsu Made Easy Series™ on the subjects you most asked for. Brand new footage goes more in-depth on these specific subjects than on the BlackBelt set to help students that really want to learn more. Now you can have more! These dvds were made for beginners and advanced students alike.

**This Entire Series is **NOW ONLINE** at**  
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## **NINJA WEAPONS BASICS - VOL. 1**

Aspects, Postures and Strikes of the Hanbo, Tanto, Kusari Fundo, Shuriken, Teppan, Rokushakubo, & Naginata. Weapons are fun to train with! The Ninja used many weapons, both traditional and exotic so we share with you some of both. We start with the most commonly known Ninja weapons and share with you what they are, how they are used, postures to hold them in, and how to strike with them. This tape is made for you to practice along with and learn the correct weapon postures by name and then how to strike with them. Here is your opportunity to learn the aspects, postures and striking methods of 7 popular Ninja weapons that are used in Bujinkan Ninjutsu training. Until now there was nowhere you could get all this information in one place, especially on one reference video. Taught by Doshi Richard Van Donk and Shihan Linda Van Donk.

**1 hour DVD #DVD511 \$24.95**



## **NINJA WEAPONS BASICS - VOL. 2**

Aspects, Postures and Strikes of the Sword, Jutte, Shuko, Kyoketsu Shoge, Yari, Gun & Kunai. With Vol. 2 you can add another 7 of the more popular Ninja weapons to your training arsenal. The Ninja used many weapons, both traditional and exotic so we share with you some of both. We start with the most commonly known Ninja weapons and share with you what they are, how they are used, postures to hold them in, and how to strike with them. This tape is made for you to practice along with and learn the correct weapon postures by name and then how to strike with them. Until now there was nowhere you could get all this information in one place especially on one reference video. Taught by Doshi Richard Van Donk and Shihan Linda Van Donk.

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## **ROLLING - Making the Ground your friend**

Smooth out the bumps and bruises. Learn how to make the ground your friend and make every roll much easier and effective. The ground is our friend because it tells us where we need to improve our relationship to it. Rolls may seem soft on a nice padded mat but in the real world made of asphalt and cement it hurts if you are not rolling effectively and that's where someone is going to attack you, right? On this video we explore the basic rolls used in Ninjutsu and break them down for you in an easy to learn fashion. Doshi Richard Van Donk asked the assistance of Shihan Ken Balanon and Shihan Joel Everett to help teach you the art of rolling. Get rolling and get this great instructional tape.

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**1hr DVD #DVD400 \$24.95**

## KUSARI FUNDO (Short weighted chain) Beginner Vol 1

The Kusari Fundo is one of the most versatile weapons ever designed by man. It is fast, quick and very deadly even from concealed places. Be extremely careful with a real one as bone will shatter in an instant. In this video you will learn how to handle a kusari, do various strikes with it, grapple, choke or simply tie up your opponent. Also learn bone attacks, pressure points and even defenses against knife attackers plus a short live demonstration of its possibilities.

**1Hr DVD #DVD303 \$24.95**



## KUSARI FUNDO (Short weighted chain) Advanced Vol 2

Devastating! Brutal and most effective use of the kusari fundo ever offered to the general public. Doshi Van Donk was told by Soke Hatsumi to teach this weapon to the U.S. Watch this video and find out why. He is fast, quick and very deadly. This tape is more demonstration than instruction because of the speed in which the taijutsu (body movement) is done. You will have to watch it several times to catch it all. Strike, grapple, throw and choke then hit them as you leave.

**1Hr DVD #DVD307 \$24.95**



## HANBO JUTSU (3 ft staff)

Learn everything you've ever wanted to know about hanbo from the history of this 3ft wooden staff to its concepts of use, plus several postures, how to hold it effectively, and striking drills using one hand and two hands from each of the natural postures (stances). Defense tactics are taught for many types of attackers whether they grab, punch, kick or use a knife. This tape will teach you how to grapple, disarm, choke or throw your attacker even if they grab onto your weapon. Step by step explanation.

**1hr 45min #DVD301 \$24.95**



## DISARMING KNIVES / GUNS/ STICKS

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**2 hours DVD #DVD302 \$24.95**





# DaiShihan Richard Van Donk Manuals, Books, and Audios

## 1st DAN Course Manuals

## Van Donk Books



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Official IBDA Ninjutsu Shodan No Maki used by Bujinkan students and instructors worldwide. Manual covers 9th Kyu, 8th Kyu, and 7th kyu Ninjutsu techniques and principles explained in details and step-by-step how to photos.

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### SHODAN IBDA TRAINING COURSE MANUAL - LEVEL TWO

Official IBDA Ninjutsu Shodan No Maki used by Bujinkan students and instructors worldwide. Manual covers 6th Kyu, 5th Kyu, and 4th kyu Ninjutsu techniques and principles explained in details and step-by-step how to photos.

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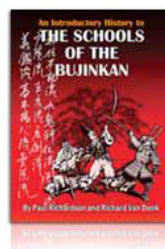
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**by Shihan Linda Van Donk**

No longer be embarrassed to refer to technique names in Japanese. You can quickly learn to sound like an expert in the dojo. Pop in the CD and repeat the phrases or words one by one as you're taught them.



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- Teppan - iron plate
- Rokushaku Bo - 6 foot staff
- Naginata - long staff with a blade on the end
- Jutte - defensive iron tool
- Shuko - hand claws
- Kyoketsu Shoge
- Yari - spear
- Hand Gun
- Kunai - digging tool



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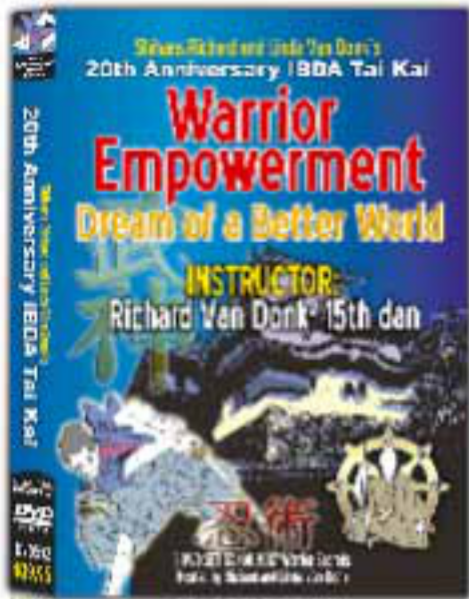
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# IBDA TAI KAI DVDS



The 20th Anniversary IBDA Ninjutsu Tai Kai was awesome and over the top in many ways. The teaching was great as Shihan Van Donk had several other high level Shihan join him in sharing their knowledge. Every session was jam packed with very interesting Ninjutsu teachings filled with jewels of information not easily found elsewhere – hey, this was the Ninjutsu Warrior's Secrets Tai Kai after all! We filmed sessions that we knew would be special, like Shihan Richardson's Keys to Understanding the 9 Ryus, a session on Old vs New Body Armor, Beach Training with Shihan Ordoins and Shihan Everett, Power Drawing by Shihan Dilley, Sword of No Mind and Warrior Empowerment Session by Shihan Van Donk. It was all so good that we filmed 18 hours of footage!!! We have included all of the most valuable footage in the entire Tai Kai 07 Dvd Set and we have made individual dvd's on the most requested teachings.

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#### Official IBDA Bujinkan Ninjutsu Training Manuals- Three Levels

It is no wonder that this is our #1 purchased product. These manuals are used by Bujinkan instructors around the globe as their official teaching manual. We completely revised it with new graphics and new information. Now in THREE easy to use study manuals, this Ninjutsu Shodan No Maki is the most comprehensive Bujinkan study work anywhere. It contains a complete overview of the Ninjutsu systems as taught by Doshi Richard Van Donk and is the official 1st Dan manual of the International Bujinkan Dojo Association. These manuals detail step-by-step descriptions of several hundred techniques from beginner to BlackBelt level including the Japanese names for every technique. Here is a brief sample of what you get:

- \* Brief history of the 9 schools,
- \* Takamatsu Sensei Section
- \* Soke Hatsumi Section
- \* Shihan Van Donk Section
- \* Meditations - Life Philosophy
- \* Kamae Pictures and Weapons Postures
- \* 9th kyu to Shodan step by step Several Hundred Techniques
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**We bring Ninjutsu to your door!**  
**"Taking you from Beginner to Master Teacher!"**



# Who is Soke Masaaki Hatsumi?

初見良昭

Dr. Masaaki Hatsumi was born in Noda, Japan on Dec. 2, 1931.  
Warrior names: Yoshikai, Tetzusan, Hisamune.

Started martial arts at about age 7. **NOW FULLY RETIRED.**

Grandmaster Hatsumi is the founder and International Director of the Bujinkan Dojo with its Hombu Bujinden Dojo in Noda City, Chiba Prefecture, Japan. He is married to his lovely wife, Mariko, a very famous Japanese dance teacher. After 15 years of training with Toshitsugu Takamatsu Soke (the last true living Ninja) Soke Hatsumi inherited the 9 Ninjutsu traditions listed below from Soke Takamatsu two years before his passing in 1972.



Soke Hatsumi has mastered many martial art systems including ancient Kobudo warrior true fighting arts. His combined form of martial arts is now formally called Budo Taijutsu and the name of his system name is Bujinkan. Soke Hatsumi graduated from Meiji University in Tokyo with a major in theater studies, and osteopathic medicine (bone doctor). Soon after graduation he opened a bone clinic in his home town and his practice continued on a steady basis until about 1990 when his travel and movie schedule took over all his time.

Grandmaster Hatsumi is the author of over a dozen books and 80+ videos on the art of Ninjutsu. He has been featured in almost every magazine relating to this subject in Japan and throughout the entire world. He has authored countless magazine and newspaper articles on Ninjutsu and on living a productive life. He wrote, directed and acted in 50 episodes of a television series called Jiraya which quickly became the number one children's program in Japan. He is now what is called a historiographer of martial arts for various plays and movies, acting as a consultant to ensure that what is being portrayed is done correctly based on true history. He is a past President of the Writer's Guild of Japan. He is sought out as a speaker and television personality in Japan and is an accomplished musician and singer who plays guitar and ukulele (for several years he played night clubs in an Hawaiian band as a singer and musician).

The walls of his 3-story brick home display an elaborate collection of signed photos from presidents and leaders from many countries around the world, along with awards, certificates, and honorary degrees from some of the most elite organizations in the world. Among them are Honorary Doctorate degrees from the USA in Human Sciences and Philosophy, Honorary Texas Ranger, a Title of Knighthood from Germany, Black Belt Magazine's Instructor of the Year, and Honorable Citizenship from the state of Texas, cities of Los Angeles, California; Atlanta, Georgia; Dublin, Ireland; etc....

The list grew longer every year as he traveled around the world teaching at international Tai Kai events hosted by senior Bujinkan students in their countries. Soke Hatsumi has been awarded Japan's highest honor by the Japanese Emperor, the Cultural Award, for his worldwide martial art contributions. In Jan. 2020, at age 87, he announced that he will retire indefinitely from active teaching. His senior DaiShihan teach at the Bujinden dojo in Noda city, Japan.

## Hatsumi's 9 Inherited NINJUTSU Traditions:

1. TOGAKURE RYU NINJUTSU
2. GYOKKO RYU KOSHIJUTSU
3. KOTO RYU KOPPOJUTSU
4. TAKAGIYOSHIN RYU JUTAIJUTSU
5. SHINDEN FUDO RYU DAKENTAIJUTSU
6. GIKAN RYU KOPPOJUTSU
7. KUMOGAKURE RYU NINPO
8. GYOKUSHIN RYO NINPO
9. KUKISHINDEN RYU HAPPO HIKENJUTSU

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玉心流忍法  
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26<sup>TH</sup> SOKE  
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14<sup>TH</sup> SOKE  
21<sup>ST</sup> SOKE  
28<sup>TH</sup> SOKE

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# Soke Masaaki Hatsumi's USA Tai kai DVDs

**Tai Kai Training gives you the best of  
Soke Hatsumi for the best dollar value!**



## 1989 SAN FRANCISCO TAI KAI - TAIJUTSU & WEAPONS

Learn how to use your legs in Taijutsu. Weapons training in sword shown from tying the belt to postures, drawing styles and cutting plus Takagi Yoshin Ryu Taijutsu Ichimonji and Hicho pos-tures. Demos from Shidoshis. Shihans Nagato, Oguri, Kan, Navon join Hatsumi Sensei. Japanese dancing by Mrs. Hatsumi with sword play done in the middle of performance. **2 hrs \$24.95**

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## 1988 LOS ANGELES TAI KAI

**This was a really special Tai Kai! Find out why.**

Soke Hatsumi brought 15 Japanese Shihan teachers & instructors from all over the world to L.A., making this Tai Kai one of the most special ever. There is a public martial arts demonstration from all these teachers plus Mrs. Hatsumi. It shows using ancient weapons you don't usually get to see. Sword drawing, Tobi drill, Bo vs. Sword, Multiple Attackers, How to Roll, Sword vs. Sword, Hanbo, Yari vs. Sword, and a rare teaching of Kyoketsu Shoge. Total action! This event was sponsored by Shihan Mark Hodel. A classic! **2 hours \$24.95**



**Online Version Only**

**[www.BushindoUniversity.com](http://www.BushindoUniversity.com)**

## 1991 TEXAS TAI KAI - SWORD & JUTTE

Talk about fun! You have got to see Soke in a cowboy hat and boots singing Bessame mucho! Master your taijutsu as Soke Hatsumi uses the Jutte to teach body movement and thinking ahead naturally in your movements. Kenjutsu (sword) is also taught as well as the Jutte under-over-sideways-down. Jutte vs. the knife, 6ft Bo and Yari. Secret untaught Yari techniques (not in Sensei's books). Mrs. Mariko Hatsumi performs her lovely Japanese dancing. Hosted by Richard Van Donk and Ed Sones. Happy Trails! **Over 2 hours - 2 DVD SET \$39.95**



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# Soke Hatsumi's Japanese Book Translations

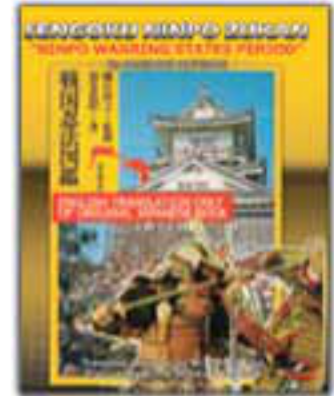


## TOGAKURE RYU NINPO TAIJUTSU



Ten, Chi, Jin Ryaku No Maki. Book of Heaven, Earth, and Human strategies. This is the most profound work ever compiled on Ninpo Taijutsu. Created as an instructor's manual by Soke Hatsumi, the roots and core of all Bujinkan training is outlined in this masterful work. The original hardback has been out of print for almost 20 years. We worked hard to get you a professional translation into English so that you could train with this one of a kind instructor's manual. For those who read Japanese, the book was left intact and the translated English text has been integrated onto every page with the complete original Japanese book and then professionally printed on 8 x 11" paper with a nice 4 color cover.

**Over 1,000 photos on 289 pages #TR-101 \$ 49.95**



## SENGOKU NINPO ZUKAN

**Translation (Green book- Very Rare)**

Soke Hatsumi's first book, done in 1978. A professional English translation of 107 typed pages interlaced with Japanese Kanji without the photos is offered here. Very, very interesting information on the history of Togakure Ryu, obscure weapons and the warring states of Japan. Great Book!.

**#TR-103 \$39.95**

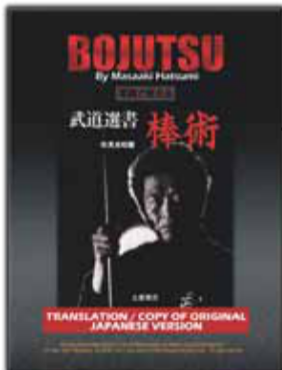
## NINJA SUBMISSION Translation

Grappling, Kihon Happpo, and much more. This is an English Translation included with a photocopy of the book. The original book is now out of print and will not be published again. **#TR-106 \$24.95**



## BOJUTSU Translation

English Translation with a photocopy of most of Soke's now OUT OF PRINT Japanese book on Bojutsu. Learn postures, techniques and waza combinations from Soke Hatsumi. The original book is now out of print and will not be published again. **#TR-107 \$29.95**



## SOJUTSU- Art of the Yari Translation

English translation of Soke's OUT OF PRINT Japanese black Sojutsu book. A very detailed work done with much research. Soke uses a lot of kyojutsu (play on words) in teaching the higher aspects of this Kukishinden Yari waza manual.

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## HANBOJUTSU Translation

English Translation with a photocopy of most all of Soke's now OUT OF PRINT Japanese book on hanbo/sword. Learn postures, techniques and waza combinations from Soke Hatsumi. The original book is out of print and will not be published again.

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# DYNAMIC DeCUERDAS ESKRIMA



"Based on the teachings  
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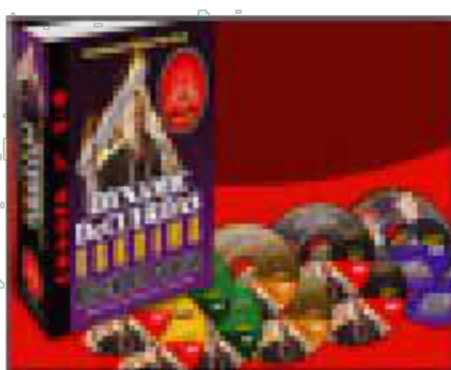
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been created for you.

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skilled and confident with knives and  
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fake Black Belt with no skills anyway?  
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What is in your DYNAMIC  
DeCUERDAS ESKRIMA distant  
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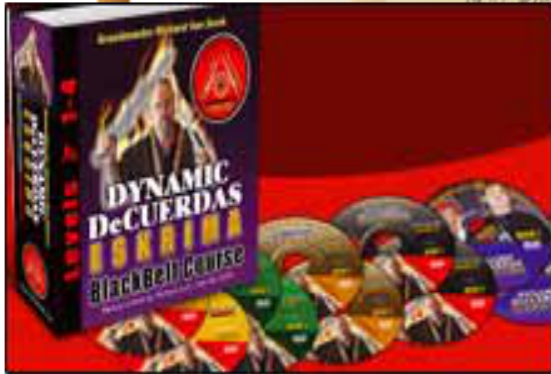
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**DISK 2** - 9 Angles of Attack, 5 Distances, House Blocking System and drills, Punching Styles, Passing, V-Movement Patterns and in class teachings. Philosophy.

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### LEVEL TWO - Green Belt

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**DISK 2** - Short Arc Strikes, Long Blade Strikes, Pictos, Oraves-Single Blade, Knife Flow Drill, Single Stick vs. Single Stick Disarms, Single Stick vs. Single Stick Long Range Sparring Drills, Abaniko Defenses, Perfecting Your Practice.

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Know peace, truth, consciousness, joy and God Realization for yourself. Awaken to your optimal human experience. Begin with your next conscious breath and never lose awareness of it. Master Van Donk has traveled the world on a spiritual quest. He has walked the path Christ carried the cross, sat under the Bodhi tree where Buddha obtained enlightenment, climbed the Pyramids in Egypt, chanted with Monks in Japan in Mikkyo temples, meditated with the Dalai Lama, lived in an ashram in India, learned some Kuji Kiri from Grandmaster Hatsumi, and sweated in healing ceremonies with Native American Shamans. Learn for yourself the secrets that these people and experiences have taught him. Liberate yourself with this daily practice.

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Obtain heightened enlightenment through increased awareness and practice basic and advanced meditation processes usually only revealed to a chosen few in sacred initiations. 20 years and 250,000 miles of research is packed into a step-by step-guide on how to personally obtain heightened self awareness. Learn to meditate, open your chakras, activate your energy system, tune into God, direct your mind and experience the enlightening Quickening Process! The book complements and adds to the video set, detailing the exercises demonstrated and much more.

**114 Pages Manual**

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### MIKKYO: GOMA FIRE RITUAL DVD

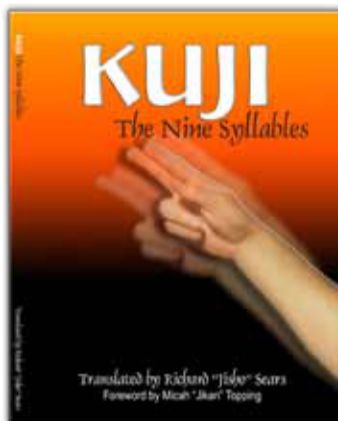
The holy fire purification ritual of the Shingon Mikkyo tradition of Esoteric Buddhism is performed directly for you to personally receive the Fudo Myo initiation and purification process! Master Richard Van Donk received rare permission from his Japan Mikkyo teacher Kensensai Machida to make this movie of the ritual of Fudo Myo so you could experience true Mikkyo teachings for yourself. By receiving this empowerment you can better decide if Mikkyo is a path you wish to study further. The ritual is filmed up close showing the entire ritual in detail, revealing all of the chants, kuji-in (hand weaving) and ritual practices by Mikkyo Priest Takeshi Machida.

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# Kuji, Mikkyo, Meditation

## Home Study Mikkyo Courses created by SATI Co. Written by Jisho Richard Sears, Tendai Priest



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### **RITUAL OF FUDO MYO**

Includes 65 illustrations of the once secret mudra hand positions.

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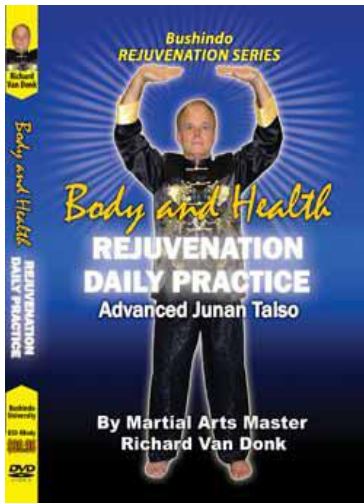
From the life of its founder to the main schools of Buddhism today, this course presents an overview of the history, philosophy, teachings and meditation practices of the "Way of Enlightenment" This six-week course includes a 96 page workbook, weekly meditation exercises, quizzes, a final exam, a cd with meditation exercises and vocabulary pronunciations, and a completion certificate from SATI.

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4	up to 160lbs	up to 5' 9"
4.5 heavy weight only	up to 170lbs	up to 5'10"
5	up to 180lbs	up to 6'
5.5 heavy weight only	up to 190lbs	up to 6'2"
6	up to 200lbs	up to 6'4"
7	over 200lbs	over 6'4"



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Richard Van Donk



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"Just a note to commend the quality and value of your tapes and materials, we are enjoying them immensely".

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"You have a very easy-to-learn and entertaining way of teaching that has helped me learn more on your videotapes than what I've learned from years of private instruction. I'm very satisfied".

**David Suggs, AL**

"I am grateful for the feedback that you gave me after I took my 7th kyu test. It was really insightful. It really did inspire me.

**Mark Abshire, LA**

"The tape content is outstanding. I was so happy to see that the way the material is delivered is beyond just merely an extension of physical but a focus on how a martial art is applied to a life experience".

**M Paskowitz, CA**

## Master Richard Van Donk

"Richard (Shihan Van Donk) is the happiest person in the Bujinkan"  
**Soke Hatsumi, Japan**

"I feel blessed to have positioned myself in the same universe with such geniuses as you". **Ray De Packney, CA**

"Richard, You are my teacher, my mirror, you are courage, purpose and honor. You are a warrior with heart". Namaste, **Sarah, CA**

"I wish to honor the House of the Divine Warrior you have. You have my deep respect. Thanks for the fast service" **Rev. Mearl**

"You have a wonderful system: all the techniques are in harmony. Master, your control in close fighting is extraordinary. Thanks for transferring your knowledge to video tape." **E S, Turkey**

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"The American Bujinkan and the members has really changed my life. I thank you all for that" **B. Terry, Alabama**

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"My words cannot describe the experience, feeling and growth this has given me. I am grateful for your generosity and abundant love"  
**Tim Fitch, MT**

"The seminar was fantastic and Mr. Van Donk was an excellent teacher. Thanks Again". **Robert Lamoureux, TN**

"You have changed my life completely in so many ways . . . I purchased and watched your movies then I started to learn what martial arts are truly about. It showed me that spiritual and mental aspects are more powerful than any technique".

**Tommy Theriault, MD**

"Thanks for the great trip to Japan. Going with you made the trip ten times better than had I gone alone. Thanks for sharing your secret places and literally going out of your way to make this trip the best it could be"

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# Bushindo University Study Checklist

AUTHOR	STUDY ITEM		HARD COPY #SKU CODE		ONLINE #SKU CODE
	<b>NINJUTSU / BUDO TAIJUTSU COURSES</b>				
VAN DONK	NINJUTSU BLACKBELT HOME STUDY COURSE	<input type="checkbox"/>	NINJABBCOURSE	<input type="checkbox"/>	BBC-ONLINE
VAN DONK	BUJINKAN NINJUTSU MASTERS COURSE	<input type="checkbox"/>	NMC101	<input type="checkbox"/>	NMC-ONLINE-LIFE
VAN DONK	SHIDOSHI TEACHER TRAINING COURSE	<input type="checkbox"/>	Shidoshi101	<input type="checkbox"/>	SHIDOSHI COURSE-ONLINE
VAN DONK	GYOKKO RYU COURSE - NIDAN	<input type="checkbox"/>	Course-GYOKKO RYU- NIDAN	<input type="checkbox"/>	NIDAN COURSE- ONLINE
VAN DONK	SHINDEN FUDO RYU COURSE - SANDAN	<input type="checkbox"/>	Course-SHINDEN FUDO - SANDAN	<input type="checkbox"/>	SANDAN COURSE- ONLINE
VAN DONK	TAKAGI YOSHIN RYU COURSE - YONDAN	<input type="checkbox"/>	Course-TAKAGI YOSHIN- YONDAN	<input type="checkbox"/>	YONDAN COURSE- ONLINE
VAN DONK	BUDO TAIJUTSU COURSE - GODAN	<input type="checkbox"/>	BTC101	<input type="checkbox"/>	BTC101 - ONLINE
VAN DONK	NINJA WEAPONS COURSE - Beginners	<input type="checkbox"/>	NWCOURSE-1	<input type="checkbox"/>	NONE
VAN DONK	NINJA WEAPONS COURSE - Advanced	<input type="checkbox"/>	NWCOURSE-ADV2	<input type="checkbox"/>	NWC-ONLINE
	<b>SWORD COURSES</b>				
VAN DONK	SWORD MASTERS COURSE	<input type="checkbox"/>	NONE	<input type="checkbox"/>	SMC-1
VAN DONK	SWORD SPECIALIST COURSE	<input type="checkbox"/>	NONE	<input type="checkbox"/>	SSC-1
	<b>ESKRIMA COURSES</b>				
VAN DONK	DeCUERDAS ESKRIMA BLACKBELT COURSE	<input type="checkbox"/>	DVD410	<input type="checkbox"/>	ESK-ONLINE
VAN DONK	DeCUERDAS ESKRIMA LEVEL ONE	<input type="checkbox"/>	NONE	<input type="checkbox"/>	ESKL1-ONLINE
VAN DONK	DeCUERDAS ESKRIMA LEVEL TWO	<input type="checkbox"/>	NONE	<input type="checkbox"/>	ESKL2-ONLINE
VAN DONK	DeCUERDAS ESKRIMA LEVEL THREE	<input type="checkbox"/>	NONE	<input type="checkbox"/>	ESKL3-ONLINE
VAN DONK	DeCUERDAS ESKRIMA LEVEL FOUR	<input type="checkbox"/>	NONE	<input type="checkbox"/>	ESKL4-ONLINE
VAN DONK	DeCUERDAS ESKRIMA LEVEL FIVE	<input type="checkbox"/>	NONE	<input type="checkbox"/>	ESK5-ONLINE
	<b>LIFE EMPOWERMENT COURSES</b>				
VAN DONK	LIVING THE SPIRITUAL PATH COURSE	<input type="checkbox"/>	DVD306	<input type="checkbox"/>	LSP-ONLINE
VAN DONK	OPTIMAL LIFE MASTERY SYSTEM	<input type="checkbox"/>	NONE	<input type="checkbox"/>	OL-COURSE
VAN DONK	LIVE EMPOWERED COURSE- MENTORSHIP ONLY	<input type="checkbox"/>	NONE	<input type="checkbox"/>	YES
VAN DONK	DAO YIN	<input type="checkbox"/>	NONE	<input type="checkbox"/>	YES
VAN DONK	BEST YEAR EVER	<input type="checkbox"/>	NONE	<input type="checkbox"/>	YES
VAN DONK	QUICK CHANGE MASTER KEYS	<input type="checkbox"/>	NONE	<input type="checkbox"/>	YES
SATI	Sati Mikkyo Complete Course Package	<input type="checkbox"/>	SC-Complete	<input type="checkbox"/>	SC-CompleteONLINE
	<b>BOOKS</b>				
VAN DONK	CREATING YOUR LIFE THE WAY YOU WANT IT	<input type="checkbox"/>	BK101		
VAN DONK	HISTORY OF THE SCHOOLS OF THE BUJINKAN	<input type="checkbox"/>	BK107		
VAN DONK	TEN CHI JIN TRAINING MANUAL RV	<input type="checkbox"/>	BK177		
VAN DONK	NINJUTSU SHODAN BOOK LEVEL ONE	<input type="checkbox"/>	BK-ShodanBkOne		
VAN DONK	NINJUTSU SHODAN BOOK LEVEL TWO	<input type="checkbox"/>	BK-ShodanBkTwo		
VAN DONK	NINJUTSU SHODAN BOOK LEVEL THREE	<input type="checkbox"/>	#BK-ShodanBkThree		
VAN DONK	DeCuerdas Eskrima Manual - Level One Yellow Belt	<input type="checkbox"/>	BK-DEL1		
VAN DONK	DeCuerdas Eskrima Manual - Level Two Green Belt	<input type="checkbox"/>	BK-DEL2		
VAN DONK	DeCuerdas Eskrima Manual - Level Three Brown Belt	<input type="checkbox"/>	BK-DEL3		
VAN DONK	DeCuerdas Eskrima Manual - Level Four Black Belt	<input type="checkbox"/>	BK-DEL4		
HATSUMI	TOGAKURE RYU NINPO TAIJUTSU BOOK	<input type="checkbox"/>	TR101		
HATSUMI	SENGOKU NINPO ZUKAN	<input type="checkbox"/>	TR103		
HATSUMI	SOJUTSU-ART OF THE YARI	<input type="checkbox"/>	TR104		
HATSUMI	NINJA SUBMISSION TRANSLATION	<input type="checkbox"/>	TR106		
HATSUMI	BOJUTSU English Translation	<input type="checkbox"/>	TR107		
HATSUMI	HANBOJUTSU English Translation	<input type="checkbox"/>	TR108		
SATI	KUJI - The Nine Syllables	<input type="checkbox"/>	SC109		
SATI	TENDAI DAILY PRACTICE MANUAL	<input type="checkbox"/>	SC110		
SATI	BUDDHISM An Overview of	<input type="checkbox"/>	SC111		
SATI	TENDAI An Introduction to	<input type="checkbox"/>	SC112		
SATI	MIKKYO An Introduction to	<input type="checkbox"/>	SC113		
SATI	RITUAL OF FUDO MYO_O	<input type="checkbox"/>	SC121		



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AUTHOR	STUDY ITEM		HARD COPY #SKU CODE		ONLINE #SKU CODE
	<b>DVDS LESSONS</b>				
VAN DONK	MASTERING NINJUTSU SERIES - 5 DVDS	<input type="checkbox"/>	DVD300MS	<input type="checkbox"/>	ON-DVDMNS
VAN DONK	NINJUTSU MADE EASY SERIES - 6 DVDS	<input type="checkbox"/>	DVD500	<input type="checkbox"/>	NME-ONLINE
VAN DONK	BODY and HEALTH REJUVENATION DAILY PRACTICE	<input type="checkbox"/>	BSD-RBody	<input type="checkbox"/>	BTC101 - ONLINE
VAN DONK	KIHON HAPPO - Koshi Sanpo and the Torite Goho Gata	<input type="checkbox"/>	DVD508	<input type="checkbox"/>	ON-DVD508
VAN DONK	SANSHIN NO KATA - Chi, Sui, Ka, Fu and Ku No Kata	<input type="checkbox"/>	DVD509	<input type="checkbox"/>	ON-DVD509
VAN DONK	POSTURE POWER - Kamae and their use in defense	<input type="checkbox"/>	DVD510	<input type="checkbox"/>	ON-DVD510
VAN DONK	NINJA WEAPONS BASICS - VOL. 1	<input type="checkbox"/>	DVD511	<input type="checkbox"/>	ON-DVD511
VAN DONK	NINJA WEAPONS BASICS - VOL. 2	<input type="checkbox"/>	DVD512	<input type="checkbox"/>	ON-DVD512
VAN DONK	ROLLING MADE EASY - Making the Ground your friend	<input type="checkbox"/>	DVD513	<input type="checkbox"/>	ON-DVD513
VAN DONK	HANBOJUTSU	<input type="checkbox"/>	DVD301	<input type="checkbox"/>	ON-DVD301
VAN DONK	DISARMING GUNS, KNIVES & STICKS	<input type="checkbox"/>	DVD302	<input type="checkbox"/>	ONLINE-DNGS
VAN DONK	KUSARI FUNDO VOL 1 - Beginner	<input type="checkbox"/>	DVD303	<input type="checkbox"/>	YES
VAN DONK	KUSARI FUNDO VOL 2 - Advanced	<input type="checkbox"/>	DVD307	<input type="checkbox"/>	YES
VAN DONK	COMBAT NINJUTSU	<input type="checkbox"/>	DVD400	<input type="checkbox"/>	YES
VAN DONK	DECUERDAS ESKRIMA MASTER SEMINAR - 2 DVDS	<input type="checkbox"/>	DVD408	<input type="checkbox"/>	YES
VAN DONK	DECUERDAS ESKRIMA MASTER DRILLS	<input type="checkbox"/>	DVD409	<input type="checkbox"/>	SOON
VAN DONK	WARRIOR SECRETS TAI KAI COMPLETE 8 DVD Set	<input type="checkbox"/>	TAIKAI07	<input type="checkbox"/>	SOON
VAN DONK	IBDA TAI KAI 2013	<input type="checkbox"/>	DVD580	<input type="checkbox"/>	SOON
VAN DONK	IBDA TAI KAI 2014	<input type="checkbox"/>	DVD581	<input type="checkbox"/>	SOON
VAN DONK	IBDA TAI KAI 2015	<input type="checkbox"/>	DVD582	<input type="checkbox"/>	SOON
VAN DONK	WARRIOR TAIJUTSU SECRETS - IBDA TAI KAI 2007	<input type="checkbox"/>	DVD550	<input type="checkbox"/>	SOON
VAN DONK	TAIJUTSU INTEGRATION MAGIC - IBDA TAI KAI 2007	<input type="checkbox"/>	DVD551	<input type="checkbox"/>	ON-DVD551
VAN DONK	WARRIOR EMPOWERMENT	<input type="checkbox"/>	DVD552	<input type="checkbox"/>	SOON
VAN DONK	COMPARING THE BUJINKAN SCHOOLS - IBDA TAI KAI 2007	<input type="checkbox"/>	DVD553	<input type="checkbox"/>	SOON
VAN DONK	FIGHTING IN ARMOR - IBDA TAI KAI 07	<input type="checkbox"/>	DVD554	<input type="checkbox"/>	SOON
VAN DONK	GETTING OUT OF TOUGH SITUATIONS - IBDA TAI KAI 2007	<input type="checkbox"/>	DVD555	<input type="checkbox"/>	ON-DVD555
VAN DONK	KYOKETSU SHOGE & KUSARI - IBDA TAI KAI 2007	<input type="checkbox"/>	DVD556	<input type="checkbox"/>	SOON
VAN DONK	SWORD TRAINING - IBDA TAI KAI 2007	<input type="checkbox"/>	DVD557	<input type="checkbox"/>	SOON
MACHIDA	MIKKYO: GOMA FIRE RITUAL	<input type="checkbox"/>	DVD800	<input type="checkbox"/>	SOON
HATSUMI	1988 LOS ANGELES TAI KAI	<input type="checkbox"/>	NONE	<input type="checkbox"/>	TK101
HATSUMI	1989 SAN FRANCISCO TAI KAI	<input type="checkbox"/>	NONE	<input type="checkbox"/>	TK102
HATSUMI	1989 NEW JERSEY TAI KAI	<input type="checkbox"/>	NONE	<input type="checkbox"/>	TK103
HATSUMI	1991 TEXAS TAI KAI	<input type="checkbox"/>	NONE	<input type="checkbox"/>	TK104-5
HATSUMI	JAPAN TRAINING VOL 1 and 2 Set	<input type="checkbox"/>	NONE	<input type="checkbox"/>	JT201combo
	<b>PATCHES</b>				
	Bushindo University Gi Back	<input type="checkbox"/>	PA-BU		
	DAN PATCH - IBDA Sensei	<input type="checkbox"/>	PA-IBDA Sensei		
	KYU PATCH - IBDA Deshi	<input type="checkbox"/>	PA-IBDA Deshi		
	IBDA SHOULDER - Oval	<input type="checkbox"/>	PA-07		
	IBDA SHOULDER - Rectangle	<input type="checkbox"/>	PA-IBDA		
	DeCuerdas Eskrima 6 inch Round Patch	<input type="checkbox"/>	PA-08		
	WHEEL OF LIGHT - Large	<input type="checkbox"/>	PA-11		
	WHEEL OF LIGHT - Small	<input type="checkbox"/>	PA-12		
	<b>MEMBERSHIP</b>				
	IBDA MEMBERSHIP	<input type="checkbox"/>	Mem+IBDA	<input type="checkbox"/>	MEM+IBDA
	DECUERDAS ESKRIMA Membership	<input type="checkbox"/>	Mem+DE	<input type="checkbox"/>	Mem+DE
	LIGHT WARRIOR MEMBERSHIP	<input type="checkbox"/>	EWMEM		
	LIGHT WARRIOR MEMBERSHP WITH COIN	<input type="checkbox"/>	EWMEMCOIN		



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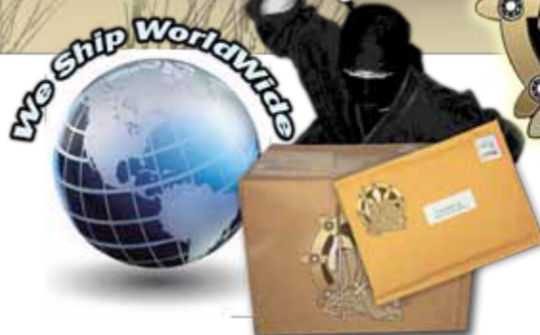
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